



Power skating stream

Channel Performance brings you the ultimate training experience for hockey and ringette players across Saskatchewan.

A strong dynamic coaching staff with over 45 years of combined coaching experience, we will help propel your skater to the next level; building well rounded athletes, and individuals. We research and utilize the latest and proven techniques used by the most successful athletes from across Canada and the United States. Our training experience mentors best practices to help your player improve in their sport by, overcoming mental blocks while performing skills and during game time; increasing speed, weight transfer, power, agility, strength and mobility.

A promotional graphic for the Channel Performance Power Skating Stream. It features a dark background with a collage of images: a man in a suit, a woman in winter gear, and a hockey player in a blue jersey. Text is overlaid on the image.

CHANNEL PERFORMANCE
POWER SKATING STREAM

DEAN BROCKMAN, WITH OVER 25 YEARS IN COACHING HOCKEY AT THE JR AND MAJOR JUNIOR LEVEL, WINNING 2 NATIONAL CHAMPIONSHIPS - CHANNEL PERFORMANCE

CHANTEL MCDUGALL, 24 YEARS IN COACHING POWER SKATING & FIGURE SKATING. TRAINED ATHLETES FROM GRASSROOTS TO WHL. TRAINED NATIONAL COACH IN FIGURE SKATING/ADVANCED COACHING DIPLOMA - CHANNEL PERFORMANCE

ONLINE REGISTRATION
WWW.CHANNELPERFORMANCE.CA
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Channel Performance offers to work with teams on their ongoing training on skating skills.

For more information, please contact us at channelperformance15@gmail.com

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